## Stanford School



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December 2023

## Chill Club - All Years

Dear Parents/Carers,

As part of our focus on wellbeing and mental health, Mrs Jones will be delivering an after school club that will enable children to have a safe space to relax and chill and where children can choose a variety of activities to do to help their well-being: Silent disco, yoga, chit and chat, comic reading and even mindfulness drawing activities!

The club aims to encourage positive wellbeing in pupils and have the opportunity for them to have a safe space to relax. Juice and biscuits will be provided in the session.

This club will take place from 15.15 - 16.15 each Tuesday starting **Tuesday 9<sup>th</sup> January and finish on Tuesday 19<sup>th</sup> March.** 

There are 14 spaces available and it will be on a first come first served basis. The cost will be £4.00 per session. The total for 10 sessions is £40.00.

Please visit <u>www.scopay.com</u> to book a place. Please enter on SCOpay whether your child is to walk home alone (year 5 and 6 only) or will be collected from school.

Thank you

## Mrs Jones



